## PRIVATE AND CONFIDENTIAL FB/100/D MEASUREMENT CHART

Customer:
Date: $\qquad$
Important: it is essential that the measurements you record are as accurate as possible. A high degree of care and attention must be given to this task. Take plenty of time, repeating the measurement procedure until you are confident you are recording consistent and accurate values.

These belts are of a riveted construction and are not adjustable. Whilst small errors are not difficult to correct, major ones will invariably incur higher cost. An ordinary fabric or plastic tape measure of the type used for dressmaking is best for taking the measurements. You should aim at a tight rather than a loose fit, as experience shows a tight fit is far more comfortable and secure than a loose one.

The wearer should stand erect with their feet about twenty-four inches ( 60 cm ) apart and hands placed on back of their head while all the measurements are taken. This Belt is designed to fit around the waist and cannot be worn on the hips like some fashionable jeans, trousers and skirts. The main reference point for all measurements is the bottom edge of the waistband, so it is of crucial importance that it is measured to fit the waist.

For the person with a fuller or waistless figure, the Belt will only be secure if the waistband is smaller than the circumference of the hips. Measurement $\mathbf{M}$ should be used to determine this, and the degree of discomfort that results. All measurements must be taken next to the skin.

Indicate Centimetres or Inches.

| Description |  |  | Centimetres / Inches |
| :--- | :--- | ---: | ---: |
| A | Waist normal | $\mathrm{A}=$ |  |
| B | Waist controlled (take a deep breath and pull in to make it as small as possible) | $\mathrm{B}=$ |  |
| C | Front waist down between the legs to the start of the labia lips | $\mathrm{C}=$ |  |
| D | Front waist down between the legs to the end of the labia lips | $\mathrm{D}=$ |  |
| E | Front waist down to the clitoris | $\mathrm{E}=$ |  |
| I | Waist front between legs to anus | $\mathrm{I}=$ |  |
| J | Waist front between legs and buttocks to rear waist | $\mathrm{J}=$ |  |
| K | Waist front between legs and over buttocks to rear waist | Left $=$ |  |
|  |  | Right $=$ |  |
| L | Waist rear between buttocks to anus | $\mathrm{L}=$ |  |
| M | Waist measurement using one inch wide belt. | $\mathrm{M}=$ |  |
| N | Hips circumference | $\mathrm{N}=$ |  |
| P | Height | $\mathrm{P}=$ |  |

## Important notes regarding measurements please read before starting to measure.

1. Fasten around the waist a one inch $(2.5 \mathrm{~cm})$ wide belt making sure that it is horizontal and not dipped down in front. Make a mark (mark 1) on the centre front of the person being measured level with the underside of the belt. (Depending on anatomy this maybe above, below or on the belly button).
2. Adjust the belt to the smallest circumference at which you feel you could wear it and mark the position on the belt. Do not be tempted to settle for a nice comfortable fit, aim at a tight rather than a loose fit. Remove the belt, lay it out flat and measure from the end to the reference mark to determine the length.
3. From the point marked in step 1 measure downward toward the start of the labia a distance equal to $1 / 8$ of the measurement you got in step 2 and mark (mark 2) this point on the body with a felt tip marker or similar.

C: Measure from mark 2 to the start of the labia.
D: Measure from mark 2 to the end of the labia.
E: Measure from mark 2 to the clitoris.
I: Measure from mark 2 between the legs to the anus; take the tape over the labia keeping as straight as possible. This is a very important measurement for the sake of accuracy it is worth repeating several times. The person being measured should maintain an upright position during this procedure. (Do not bend over).

- Repeat step 1 but passing the belt above the hips at waist level and then dipping down to pass over the lower mark mark 2.
$\mathbf{J}:$ With the belt in position, find the centre back of the waist and mark (mark 3) it. Make two further marks; 3 inches ( 7.5 cm ) to the left and right of the centre (marks $4 \& 5$ ). Measure from the mark 3 between the legs and up over the buttocks to mark 4. Repeat this procedure for mark 5, this measurement is usually the same and serves as double check. Try to make sure the tape stays flat and in contact all the way, keeping the tape as straight as possible. Exercise care with these measurements.
K: With belt still in place, measure between the legs from mark 2 to mark 3. Make sure the tape fits snugly up between the buttocks.

L: Measure from mark 3 to the anus, keeping the tape a snug fit between the buttocks.
M: Adjust the belt to the smallest circumference at which you feel you could wear it and mark the position. Do not be tempted to settle for a nice comfortable fit, aim at a tight rather than a loose fit. Remove the belt, lay it out flat and measure from the end to the reference mark to determine the length. The waistband will be made to this measurement. $\mathbf{A}$ and $\mathbf{B}$ are used to provide a comparative check.

I certify that these measurements are correct. Signed: $\qquad$

## ORDER FORM

## ADDITIONAL ORDERING INFORMATION

Items commonly bought with female belts:

- Thigh Bands
- Additional D-Rings
- NP / 100 (Anal Plugs)
- NPS/100 (Vaginal Plugs)


